# YEOVIL TOWN ROAD RUNNING CLUB

# Championship Rules – 1st December 2023 – 31st October 2024

# Award Categories:

Men's Champions; Ladies' Champions; Points King; Points Queen; Slam Hat Winners

## **General Rules**

The Yeovil Town Road Running Club (the club or Yeovil Town RRC) 2024 Championship will run from 1st December 20223 to 31st October 2024 (the Racing Year) with final presentations and awards presented at the club Annual Awards Dinner evening.

Membership subscriptions are due on the 1st April each year. Members who have not renewed their subscriptions by the 30th June will not be registered and eligible to continue to compete in the Club Championship standings for that year.

Therefore, only paid up members of Yeovil Town RRC shall be eligible to take part within the Club Awards.

Championship Points or Awards will not be given to competitors not racing in the designated Yeovil Town RRC colours. (However, the discretion of the club Championship Secretary will be given to new members who maybe awaiting new kit).

Second claim Yeovil Town RRC members are very welcome and encouraged to compete within all Award Categories but must be race registered as Yeovil Town RRC; and race in Yeovil Town RRC colours. If they compete under the banner of any other club their result in that event will not be valid.

Please ensure you enter all races under the name of Yeovil Town RRC (as registered with England Athletics).

## The Scoring

The Championship Calendar (see attached) consists of races of pre-determined running events over the Racing Year, 1st December 2023 to 31st October 2024, inclusive. These races consist of a variety of distances and terrains.

Scores for the pre-determined races are calculated based on the first Yeovil Town RRC Man and Yeovil Town RRC Lady past the post being awarded 50 points, the second Yeovil Town RRC Man and Yeovil Town RRC Lady being awarded 49 points, and so on until the 50th Yeovil Town RRC Man and Yeovil Town RRC Lady who are awarded 1 point.

The Male and Female Club Champion will be determined by taking their highest 10 scores and in the case of a tie the competitor who has taken part in the most races will be The Champion.

Please note that additional events may be added; equally an event may be taken out. This is unlikely to happen and will only be due to unforeseen circumstances.

Any challenges regarding an error/omission in the results or the non-wearing of club colours **MUST** be made to the Championship Secretary (club-championship@yeoviltownrrc.com) within 14 days of the results being published. Failure to do so will result in the Championship Table showing the results as published.

## **Points King and Points Queen**

Man and Lady will be determined by totalling the scores from **all** the races over the racing year. In the event of a tie, the competitors will share the trophy over the year. In the case of Points King/Queen being the same as the Club Champion, the trophy will be awarded to the competitor in 2nd place.

As with the Club Champion, any challenges regarding an error/omission in the results or the non-wearing of club colours **MUST** be made to the Championship Secretary (club-championship@yeoviltownrrc.com) within 14 days of the results being published. Failure to do so will result in the Championship Table showing the results as published.

## Slam Hats

The club continues to recognise individual club member's achievements by awarding Slam Hats. The qualifying race period is 1st December 2022 to the 19th November 2023 (this will enable any late entrants to complete a 10 mile

race at Wimborne on 19th November 2023). In all cases it is the responsibility of the individual to claim their Hat by notifying the Championship Secretary of the events they have completed by **31**<sup>st</sup> **October 2023**. Qualifying Events may be anywhere in the world but must be an official race and appear on the official published results over a verified distance, the Race Name being the decider, eg 'Ash Fearsome 5' qualifies as a 5-mile race (even if the distance is very slightly longer or shorter).

#### Micro Slam Hat

**2 x** 5km; 5 mile; 2 x 10km;

## Mini Slam Hat

5km; 5 mile; 10km; 10 mile; Half Marathon (or advertised as such)

#### Grand Slam Hat

5km; 10km; 10 mile; Half Marathon (or advertised as such); Full Marathon (or advertised as such)

#### Super Slam Hat

5km; 10km; 10 mile; Half Marathon (or advertised as such); Full Marathon (or advertised as such); Ultra Marathon 31 miles (50Km) plus.

• Please note, your help is always required before, during and after the six Yeovilton 5k race series. Please check with the Chief Marshal on the night that there are enough marshals to enable you to run.

## 2024 Championship Races

	Race	Distance	Road/ Trail	Date of Race
1	Full Monty	10 mile	Т	3rd December 2023
2	Chard Flyer	10k	R/MT	1st January
3	Longleat	10k	R	28th January
4	<u>Lytchett</u>	10 mile	R	11th February
5	Babcary	7.6 mile	R	25th February
6	Yeovil Half Marathon	13.1 mile	R	24th March
7	Weston-super-Mare Prom	5 mile	R	4th April
8	Pen Selwood	10k	R	14th April
9	<u>Butleigh</u>	10k	MT	14th April
10	The Saints Hills	10k	MT	12th May
11	Town Tree Trail	10k	MT	22nd May
12	Egdon Easy	10k	R	25th May
13	Crewkerne	10k	R	9th June
14	Martock	10k	R	16th June
17	Charmouth Challenge	8 mile	MT	6th July
16	Portland Round the Rock	10k	R	7th July
17	Otter Rail & River Run	10k	MT	13th July
18	Piddlewood Plod –	10k	MT	7th July
	https://www.facebook.com/PiddleWoodPlod10k/			
19	Pawlett Plod	10k	MT	17th July
20	Maiden NewTen	10k	MT	24th July
21	Haselbury Trail	10k	MT	7th August
22	Baltonsborough	5 mile	R	26th August
23	Frogmary parkrun	5k	MT	7th Sept
24	Mells Scenic 7	7 mile	MT	(TBC)
25	Bham Trail	10k	MT	6th October
26	Burnham-on-Sea half marathon	13.1 mile	R	13th October
27	Weymouth	10 mile	R	13th October

This is an updated list as of **3**<sup>rd</sup> **June 2024**, with a "To Be Confirmed" for Mells Scenic 7. If you have printed a copy I suggest you print this and destroy the other as there are a couple of changes. Most of these are available to enter and some of them do fill up quickly so check your diaries and enter quickly!